



Psalm 46, Psalm 121, Psalm 34
(Page# 563, 616 and 554)

GOD IS OUR REFUGE AND STRENGTH, ALWAYS READY TO HELP IN TIMES OF TROUBLE. SO WE WILL NOT FEAR WHEN EARTHQUAKES COME AND THE MOUNTAINS CRUMBLE INTO THE SEA. LET THE OCEANS ROAR AND FOAM. LET THE MOUNTAINS TREMBLE AS THE WATERS SURGE! - PSALM 46:1-3

What is your fear?

WAYS WE RESPOND TO FEAR:

- _____
- _____
- _____
- _____

(PSALM 56:11, ISAIAH 41:10)

Our _____ between us and God, but _____ between us and our fears.

DIGGING DEEPER

1. (Read Psalm 46) What does the writer remind us of when it comes to our fears? Whatever it is that we might be facing?

2. Pastor Mark talked about all sorts of fears that we face. Whether they are physical or emotional. Write down, or talk about “What is your greatest fear?”

3. (Read Psalm 121) What should we be reminded of when we are facing our fears? When have there been times when you have made your fears bigger than God? Where is our “safe place” to hide?

4. Pastor Mark talked about the four typical responses that we have to fear. (Fight, Flight, Freeze, or Faith) What is your typical response? What has been your greatest struggle when it comes to fear? What do you not trust God in right now?

5. Pastor Mark said that, “Our fears stand between us and God, but faith puts God between us and our fears.” Where are you allowing your fears stand between you and God? What move is God asking you to make in having faith in Him?

6. (Read Psalm 34:1-4 out loud) How can you turn your fear into worship? What is the one step you can take this week to choose to worship instead of worry?

PRAY

Thank God for the gift of the Holy Spirits’ presence with you no matter where you are. Pray that God would give you courage where you are afraid. Ask God to reveal to you any area that you are still being led by fear. Pray that the Holy Spirit will give you stronger insight.

NEXT STEPS

- What is your greatest fear? _____
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